

Today's Message

"Balancing Act"

Rev. Larry Tieman, Senior Pastor
Immanuel Lutheran Church

August 13, 2017

Catch up on past sermons you may have missed at: www.immanuelcl.org/media-resources

New Here... Welcome!

If you are new to Immanuel Lutheran Church and School, we would love to meet you! Be sure to stop by our "Connection Center" where a **welcome gift** is waiting for you, and thanks for sharing worship with us today!

What's Happening:

You can always keep in touch with what's happening by checking in at our website: www.immanuelcl.org

Connecting

A Connection card helps us to get to know you! We like to send a thank you for visiting us, and to help you find classes or connections that might best fit what you are looking for.

I'd like to Know More

We would love to answer your questions! Call the church office or email: stieman@immanuelcl.org

Service Times: Saturday Evenings, 6:00pm Historic Church • Sunday Mornings 8:00 - 9:30 - 11:00 Pathway Court *

SERMON NOTES

I. THE DANGERS OF S_____

A. Overcrowded conditions take a terrible toll:

1. The males abandoned their l_____ roles.
2. The females became a_____ and forced out their young.
3. The young grew to be self l_____.

B. A p_____ of modern life

1. Simple tasks become extremely d_____.

"My back is filled with searing pain; there is no health in my body. I am feeble and utterly crushed; I groan in anguish of heart." (Psalm 38:7-8)

2. Sometimes we are like the old p_____ e_____ horses.

- i. We get one c_____ resolved and here comes another.
- ii. There is no r_____ for the weary, unless we balance our lives.

"Come to me, all you who are weary and burdened, and I will give you rest." (Matthew 11:28)

Memory Verse

"Then, because so many people were coming and going that they did not even have a chance to eat, he said them, 'Come with me by yourselves to a quiet place and get some rest.'" (Mark 6:31)

II. WE WERE C_____ FOR BALANCE

A. The d_____ was for working and the n_____ was for resting.

B. S_____ days were for working and o_____ was for rest and worship.

"Remember the Sabbath day to keep it holy." (Third Commandment)

1. Modern humanity is not c_____ with that.

2. Any time our life gets out of balance, we pay a p_____.

3. If you keep a bow always bent; eventually, it will b_____.

C. Jesus knew the v_____ of getting away to a quiet place.

D. Establish a natural r_____ to recreate the balance God intended.

1. Meditation or quiet time with God d_____.

2. Observe the Sabbath w_____. (Rest and worship)

3. Take a vacation a_____.

"It is useless for you to work so hard from early morning until late a night, anxiously working for food to eat; for God gives rest to his loved ones." (Psalm 127:2)

MY NEXT STEPS . . .

*Reflect on Mark 6:31 this week.

*Sign up for a "Transformed" small group so that you can be encouraged to live a "balanced life."

*Plan to be here next week for the conclusion of the "Family Life Together" series.

Coming Up at >>



Immanuel

>> Sunday, August 13, 2017 - Tenth Sunday after Pentecost

Touching Hearts and Transforming Lives with the Light of Jesus Christ...



BEGINNING AUGUST 27, 2017

WHAT IS TRANSFORMED?

TRANSFORMED is a church-wide seven session Campaign that will guide and grow you by exploring what the Bible has to say about every essential area of our lives: Spiritual, Physical, Mental, Emotional, Relational, Financial and Vocational.

The key message is the only way to truly change your life is to change the way you think. That is why the key verse for this series is Romans 12:1, "Do

not conform any longer to the pattern of this world but be transformed by the renewing of your mind".

The study looks at the two key words in this statement, Conform and Transform.

What is the difference?

According to the dictionary, to conform means to "make or become the same" or "to behave in a conventional way by accepting, without questions, the customs traditions and prevailing opinions of others". In other words, to conform is to fit into somebody else's mold; it's to do things the way everybody else does.

On the other hand to transform means "Change the condition, function, nature, character or personality of something." CONFORM TRANSFORM Relates to behavior Relates to character Effect is from outside in The development is from inside out CONFORMING has to do with **BEHAVIOR**. TRANSFORMING has to do with **CHARACTER**.

CONFORMING is **FROM THE OUTSIDE IN**. TRANSFORMING is **FROM THE INSIDE OUT**.

The world is shouting for our attention with answers to our relationship struggles, solutions to our financial trouble, and explanations to our search for meaning. But the world's promises leave us empty and searching for more. God's will is the only answer that promises to TRANSFORM our lives from the inside out.

Let's be TRANSFORMED together. For more information, contact Pastor Bob Pudell bpudell@immanuelcl.org



We wish Godspeed to all students heading back or beginning their college life this coming week! Blessings to you all!

SAVE THE DATE:
OCTOBER 14, 2017
FREE COMMUNITY CLINIC



Family Fall Fest

September 22—24, 2017

Immanuel Lutheran Church & School

Full carnival, rides, game booths, food! Open to the Public!
Watch for more details coming soon...

rightnow MEDIA

Quality Kids Christian Programming: RightNow Media is a free, Netflix like Christian resource for adults and kids alike, which has age-appropriate kids' programming. All church members will be receiving an invitation to access RightNow Media. But, this free resource is open to *anyone*, so if you would like an invitation contact Laura at lgilleland@immanuelcl.org or in the church office.

Get the latest weekly Announcements, event postings, and information at: www.Immanuelcl.org

* **Families with Young Children:** Changing tables are found in the washrooms down the hall on the left of the worship area. Nursing Mom's room is located behind the desk in the Library (doors on the back wall of worship area).